



Wednesday, March 21, 2007

Pop Culture
What I'm Into ...

In his college days **Dwayne Crittendon**, 36, used his hands to score on the basketball court for Eastern Kentucky University. Now he's using them to relieve stress and heal injuries as a massage therapist.

Dwayne opened his company, DSC Active Healing Massage on Goldsmith Lane, in November. Trained at Advanced Massage Therapeutics, Dwayne welcomes all kinds of clients -- especially those suffering from sports injuries.

Here's what Dwayne does to get some relaxation of his own.

-- *Javacia N. Harris*

Dwayne Crittendon is a former college basketball player who helps others feel good with massage. He still plays ball, but otherwise likes entertaining at home. (John Rott)



Music

Dwayne likes to chill to the smooth sounds of **old school R&B**, which he calls "music that really meant something." He counts **Earth, Wind, & Fire, Frankie Beverly** and **Teddy Pendergrass** among his favorite musicians.

TV

"My favorite show is '**The Wire**.' It gets into what's really happening out there and the politics of the streets," Dwayne said of the HBO police drama.

Dwayne also likes "**The Unit**" (CBS), and it's no surprise that this sports lover is a fan of "**Friday Night Lights**" (NBC).

Movies

"I usually like action-packed movies," Dwayne said. But his favorite movie is "**The Color Purple**." (He once won a talent contest at a Christmas party for

acting out one of the movie's most famous scenes.) Dwayne said he is moved by the film's strong characters and message of hope.

Dwayne is also hooked on the "**The Lord of the Rings**" movies.

Food & Drink

Because his wife Julia is a great cook, Dwayne said he doesn't eat out much. But he does enjoy the freshwater catfish at **Cheddar's Casual Café**, 10403 Westport Road.

Dwayne and Julia, who have three children, prefer to spend their weekends entertaining their friends at their home in Buechel, but sometimes they will head over to **Fourth Street Live** where they like to stop by **Friday's**, 415 S. Fourth St., for cocktails.

Sports

When he's not keeping up with the **Miami Heat** or the **Dallas Cowboys**, Dwayne is checking on **Louisville's basketball and football** teams.

And Dwayne still likes to flex his basketball skills occasionally in local **streetball tournaments**.

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